DOING WELL IN TEXAS

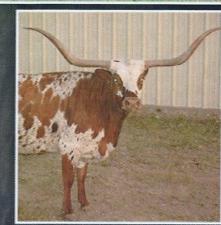


Meat and Breeding stock for sale

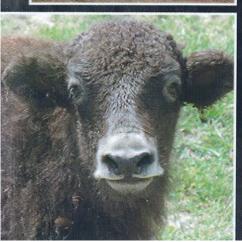
Grass Fed

Weather and treatment advice available

- Dark red meat
- Very low in fat and cholesterol and around 95-97% lean.
- Lower in calories than beef, bison, elk or even skinless chicken breast.
- High in Omega 3 oil, Linoleic acid,
 Oleic acids, Stearic acid and
 poly-unsaturated fats.
- Remains very juicy when cooked
 unlike most game or other exotic meats
 such as buffalo.
- Higher in protein, minerals and vitamins than beef.
- Lower in saturated fats, cholesterol, and triglycerides than beef.
- Lower in fat than salmon and most other fish.
- Sweet and delicately flavored, juicier than buffalo and elk; and never gamey.











Elgin Ranch Robert Payne rpayne3610@aol.com

817-992-2936

Texas Valks, com

Member IYAK Board of Directors